

Faithful Living in a Fearful World

Week 6

"Rejecting Rejection"

Psalm 27

OPEN WITH PRAYER

GETTING STARTED: What is your earliest memory of being rejected?

LEARNING & APPLYING GOD'S WORD

Together, read Psalm 27

1. How does rejection in the past cause *fear* of rejection in the present?
2. In what ways can the fear of rejection affect our lives?
3. Read verse 1 again. What does it mean that the Lord is our "light"? How can the Lord being our light help us overcome our fear of rejection?
4. What does it mean that the Lord is our "salvation"? How does remembering that the Lord is our salvation help us overcome our fear of rejection?
5. Steve quoted a prayer by Lloyd Ogilvie: *"Secure in God's love, I will not surrender my self worth to the opinions and judgments of others. When I'm rejected, I will not retaliate. When I'm hurt, I will allow God to heal me. And knowing the pain of rejection, I will seek to love those who suffer from its anguish."* What does it mean to be secure in God's love? What are ways we can become secure in God's love?

LIVING OUT “REAL LIFE”

6. On a “Fear of Rejection Scale” scale of 1 to 10, where would you rate yourself between 1 (“I’m often influenced by the fear of rejection”) and 10 (“I am almost never influenced by the fear of rejection”)? Are there any significant painful experiences of rejection from your past that are affecting your life today?

7. What is one thing you learned from Steve’s message that can help you overcome the fear of rejection in your life?

SHARING AND PRAYER (Prayer Requests)

Take some time to share prayer requests, where you need to find God’s grace and peace. Be sure to give thanks for each other and pray for one another’s needs. When we pray together, we find the power of God.