

# Getting Oriented

Psalm 104

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Shannon Christopher

## THE BIG IDEA

Living in a world that can seem chaotic and overwhelming with circumstances that can be burdensome and transient causes us to look to other human voices who have experienced what we have experienced – and we find those voices in the Psalms. Psalm 104 helps us get oriented in the truth about who God is, who we are, and what our relationship to God is.

## GETTING STARTED

1. Think of a time when you experienced the “majesty and splendor” of God in nature. Tell about what you saw and how it awed you, maybe made you feel closer to God.
2. Psalm 104 tells us that we have a God who is a wise Creator, abundant Provider, caring Sustainer, powerful Protector, chaos-Orderer. It also tells us that we are the recipients of His abundant giving who respond by praising and worshipping our God. And finally we learn from the Psalm that when life seems difficult, problematic or chaotic, the God who set the earth on its foundations and provides all that we need is the same God whose power shines through our human weakness.

## LEARNING & LIVING OUT SCRIPTURE

3. In looking at Psalm 104, identify specific verses that illustrate how God is: Creator; Provider; Sustainer; Giver; Protector.
4. Identify where “people” or human beings are specifically addressed. What are human beings doing in this psalm?
5. Take a look at the Book of Job, chapter 38. This is God addressing Job directly. What parallels can you find with the words of Psalm 104?

## LIVING OUT “REAL LIFE”

7. Find some way this week to experience God’s creation. A walk in the park, sitting in your garden, a drive to a beautiful place, a nature show on TV. How can you take in the beauty of the natural world which was created by our sovereign, mighty and majestic God? When you do experience God’s creation, give (or sing!) praise to God for what you see/hear/taste/smell. Entrust your life and your worries or burdens to our all-powerful God.

## SHARING & PRAYER REQUESTS